SLIME SQUISH BAG

Use the ingredients in this bag to make your own squishable slime with color and texture! This hybrid art version of a stress ball can be used to play and squish at your leisure.

Slime Recipe

- 4 oz. bottle Elmer's glue
- ½ tsp baking soda
- 1 ½ TBL contact solution
- ½ oz. (about ¼ package) of daiso white clay
- Beads, buttons, jewels etc.
- 3 4 drops food coloring optional (not provided)



Slime Making Directions:

- 1) Take out of the bag: these directions, plastic container of contact solution and Elmer's glue bottle. Leave the clay, baking soda, beads, buttons and jewels in the bag.
- 2) Pour entire contents of glue bottle into bag.
- 3) Pour contact solution in clear container into bag.
- 4) Optional: Add 3 4 drops of food coloring.
- 5) Seal plastic bag shut.
- 6) Squish! Mush, press and squish the contents of your bag to mix all of the ingredients together. Be careful not to squish too hard so that you do not rip the bag.
- 7) In a few minutes, your slime should become solid. You can keep it in the bag, or take it out and squish it in your hands.





Rockwell Collection Connection:



Emmi Whitehorse, Water & Mineral, #1246, 2000, Mixed media on paper, mounted on canvas, 40 1/2 × 29 in. Clara S. Peck Fund. 2000.17.2.

Native American artist Emmi Whitehorse is a member of the Navajo (Diné) Nation. She is known for her abstract (not representational) paintings that reflect her environment, often including shapes and colors that remind her of the unique landscape of the American southwest.

"Touch is all important to Emmi Whitehorse's unique style. She uses her hands to smear, caress, and fine-tune the dry washes of her grounds."

- Lucy R. Lippard's essay for Whitehorse exhibition, *All the Way Home*, Boulder Museum of Contemporary Art, 2006.





Use your sense of touch to smear and mix your ingredients in your squish bag. Do you feel any hidden gems or objects?

Art can be a process to release stress or built-up energy that you are feeling. Using our senses is important in our daily lives to experience the world. During the coronavirus pandemic it has been challenging to live in isolation and be cautious of everything we touch, but this slime bag is something you can touch and squeeze without worry!